metro
NEW YORK CITY NO. 1 FREE DAILY IN THE
Monday, April 9, 2018 metro.us | t: MetroNewYork | f: MetroNewYork

WHICH MEAN GIRL ARE YOU?

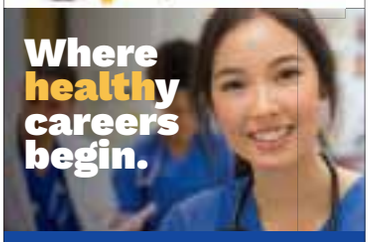
We've got your guide to why you'll love the show, based on your own Mean Girl persona. 18

JOAN MARCUS

A long dry spell makes sex all the more difficult to enjoy in the future. 15

Celebrate National G&T Day with these spins on the two-ingredient drink. 16-17

Swedish Institute College of Health Sciences



Allied Health Programs
STUDY THE FIELDS OF:
Medical Assisting • Medical Billing • Surgical Technologist
Visit our Open House
Thurs. April 12 10am-7pm
151 West 26th St., NY NY 10001

Swedish Institute's programs are registered with and regulated by the New York State Education Department. Accredited by ACCSC. For important information on program costs, completion and placement rates, median debt incurred, etc., please visit http://www.swedishinstitute.edu/disclosures.

DEATH IN THE AIR

President Trump places blame and promises action after dozens were killed by poison gas in a rebel-held town in Syria. 8-9

GETTY IMAGES

Interested in a Graduate Degree?
Master's & Doctoral Information Sessions this April in NYC!
- Public Adminstration & Law Information Session
  Wed | 4.18.18 | 5:30-7:30pm
- Social Work Virtual Information Session
  Fri | 4.20.18 | 1:00-1:40pm
- The Murphy Institute Graduate Information Session
  Wed | 4.25.18 | 6:00-7:30pm

Register: cuny.edu/grad

CUNY THE CITY UNIVERSITY OF NEW YORK GRADUATE STUDIES

5 THINGS YOU NEED TO KNOW

WELCOME TO METRO.US

EVA KIS, FEATURES EDITOR

It's been 13 years since Tina Fey called out the diabolical world of high school cliques in the film "Mean Girls." Now, she and "30 Rock" composer Jeff Richmond have adapted the story into a Broadway musical, creating a thoroughly modern show with even more to say about girl culture. Whichever Mean Girl you identify with, we've got your guide to why you'll love it. Read more on page 18 and at **metro.us**.

TRUMP PREDICTS CHINA CONCESSIONS AMID TENSION

1 President Donald Trump predicted on Sunday that China would take down its trade barriers, expressing optimism despite escalating trade tensions between the world's two largest economies that have roiled global markets in the past week. The two countries have threatened each other with tens of billions of dollars' worth of tariffs in recent days and Chinese officials have said this is not the time for negotiations. But Trump administration officials have stressed that the tariffs are not yet in place and the dispute could be resolved through talks. In a Twitter post on Sunday, Trump echoed this, saying, "China will take down its trade barriers because it is the right thing to do. Taxes will become reciprocal and a deal will be made on intellectual property." On Tuesday, Washington unveiled some $50 billion worth of proposed tariffs on Chinese imports and on Thursday Trump upped the ante, directing U.S. trade officials to identify tariffs on another $100 billion of Chinese imports. China's state media has sharply criticized the U.S., saying its trade protectionism actions will end in defeat. "If the U.S. says that it will pay any price, it must be firmly attacked," China's official Xinhua news agency said.

NY OFFICIALS PLEDGE LESS SWELTERING SUBWAY CARS

2 New York officials said on Friday that subway riders will not get baked this summer now that a transit repair program to fix faulty air conditioners and other train systems has been kick-started with full funding. The program will pay for a surge of workers to repair the air conditioning in time for summer on the fleet of roughly 6,000 subway cars rolling through New York City, said Joseph Lhota, chairman of the MTA. The plan is for systemwide repairs of signals and tracks, as well as the cars themselves at two huge repair shops in Manhattan and Brooklyn, which will operate around the clock. The MTA will increase the number of unionized workers at the shops to 1,400 from 900, Lhota said. Last year's "summer of hell," as Gov. Andrew Cuomo dubbed it, was caused by track repairs at Penn Station. Subway delays — and some sweltering cars — contributed to outrage among riders. In July, Lhota and Cuomo devised an $836 million short-term "action plan" to fix the city's subway system, with the state and city each to pay half. But the city initially did not pay so the plan was not fully implemented until now, Lhota and Cuomo said during a tour of the MTA's 207th Street Overhaul Shop.

FISHING FOR LEAVE TO PROTEST BREXIT DEAL

3 A fisherman throws gasoline onto a fishing boat that has been set alight as fishermen take part in a nationwide protest against the Brexit transition deal on Sunday in Whitstable, England. The group Fishing For Leave organized the protests with fishermen in ports nationwide, making their opposition known to the Brexit transition deal and in particular the Common Fisheries Policy. In a referendum held on June 23, 2016, the majority of the United Kingdom electorate voted to leave the European Union.

GETTY IMAGES

FACEBOOK'S ZUCKERBERG TO MEET WITH LAWMAKERS

4 Facebook Inc Chief Executive Officer Mark Zuckerberg will hold meetings with some U.S. lawmakers on Monday, a day before he is due to appear at Congressional hearings over a political consultancy's use of customer data, two congressional aides said on Sunday. The planned meetings at Capitol Hill are expected to continue through Monday afternoon and include some lawmakers from committees before whom Zuckerberg is due to testify, said the aides, who asked not to be identified because the meetings have not been made public.Facebook declined to comment. Zuckerberg is scheduled to appear before a joint hearing of the U.S. Senate Judiciary and Commerce committees on Tuesday and the U.S. House Energy and Commerce Committee on Wednesday. Facebook has come under fire in recent weeks after it said that the personal information of up to 87 million users, mostly in the United States, may have been improperly shared with political consultancy Cambridge Analytica. A Facebook spokesman said on Sunday that the company plans to begin telling affected users on Monday.

Read more on page 14.

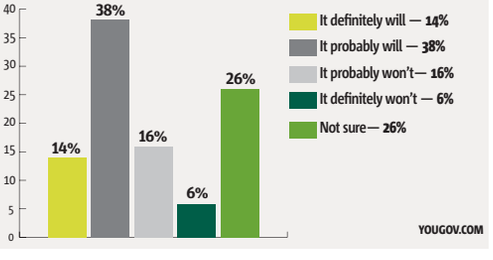
NORTH KOREA READY TO DISCUSS DENUCLEARIZATION

5 North Korea has told the U.S. for the first time that it is prepared to discuss the denuclearization of the Korean Peninsula when North Korean leader Kim Jong Un meets President Donald Trump, a U.S. official said on Sunday. U.S. and North Korean officials have held secret contacts recently in which Pyongyang directly confirmed its willingness to hold the unprecedented summit, the official told Reuters, speaking on condition of anonymity. The communications, still at a preliminary stage, have involved State Department officials talking to North Korea apparently through its United Nations mission, and intelligence officers from both sides using a separate backchannel, the official said. Until now, Washington had relied mostly on ally South Korea's assurance of Kim's intentions. South Korean envoys visited Washington last month to convey Kim's invitation to meet. Trump, who has exchanged bellicose threats with Kim in the past year, surprised the world by quickly agreeing to meet Kim to discuss the crisis over Pyongyang's development of nuclear weapons capable of hitting the United States.

STATS

LEGALIZE MEDICALLY ASSISTED SUICIDE?

Recently, Hawaii became the latest state to legalize medically assisted suicide, joining others such as California, Colorado, Oregon, Vermont and Washington. Do you think medically assisted suicide will be legal across the U.S. by 2050?



YOUGOV.COM

Turn your love of sports into a career with a degree in sport management.

In the Adelphi Master of Science in Sport Management program, you will:

- Learn from faculty with experience in collegiate and professional sports
- Take classes in sport marketing, public relations, consumer behavior and sport economics
- Become skilled in market analysis, budget preparation and business management
- Explore our full-tuition fellowship

RSVP at Adelphi.edu/MetroSport

ADELPHI
UNIVERSITY
NEW YORK

New renderings of Domino Park at Domino Sugar Factory site unveiled

The waterfront park will feature an Artifact Walk to pay homage to the historic site's sugar refinery past and recreation areas.

NIKKI M. MASCALI
nikki.mascali@metro.us

Though it's not slated to open until this summer, new renderings of Domino Park, the waterfront esplanade of the Domino Sugar Factory redevelopment, have been released by developer Two Trees Management.

The quarter-mile Domino Park will open in June, ahead of the waterfront buildings that are also part of the Domino Sugar Factory project "as promised to the surrounding North Brooklyn community," Two Trees said.

The park was designed by Two Trees and landscape architecture firm James Corner Field Operations, who also helmed development of Manhattan's High Line.

The north end of Domino Park will be home to a five-block-long Artifact Walk that will feature more than 30 large-scale pieces of salvaged factory equipment and other relics from the site's past as one of the largest sugar refineries in the world.

From South 2nd Street to Grand Street at the northern end of Domino Park will be a passive recreation area that will house a Japanese Pine garden leading to the Artifact Walk, a picnic area that can fit up to 100 people, a food kiosk, children's play space that will be inspired by sugar refining, a large lawn and an "urban beach" with a shaded lawn and chaise lounges.

Set to open this summer, new renderings show some of the amenities of Domino Park, the waterfront esplanade of the Domino Sugar Factory redevelopment in Brooklyn. TWO TREES

Water Square will offer five gathering spots for parkgoers, and a four-tiered seating area will give bird's eye views of the East River, the Domino Sugar Factory's landmarked Refinery Building and the Central Water Feature, which can be specially programmed. Four recovered syrup tanks will also be embedded in this area as an homage to the site's past.

For those looking for action instead of relaxation along the Domino Sugar Factory's waterfront, interactive spaces include a 1,750-square-foot dog run, two bocce courts, a volleyball court and a 6,300-square-foot flexible playing field.

In its entirety, the Domino Sugar Factory complex will eventually consist of four buildings that will house 2,300 apartments, with 700 designated as affordable units for low-income families, and 500,000 square feet of office space.

Though the current site dates back to 1882, the original Domino Sugar refinery was built in 1856. Operations at the refinery ended in 2004, and several buildings at the site were landmarked in 2007.

2,300
Apartments

700
Affordable units

500K
Sq. ft. of office space

The Domino Sugar Factory complex will eventually consist of four buildings.

ALL YOU NEED IS CLIQUE®

®CLIQUE
REG. TRADEMARK

End Vein Pain & Varicose Veins

Imagine Life WITHOUT These Symptoms...

- Varicose Veins
- Spider Veins
- Itching Legs
- Burning Legs
- Leg Pain or Cramps
- Restless Legs
- Leg Heaviness
- Swollen Legs
- Skin Discoloration
- Leg Ulcers
- Blood Clots
- Difficulty Standing

...We Have The Solution For You!

- Minimally invasive, non-surgical treatments take just **15 minutes**.
- **No recovery** time needed.
- **Covered** by Medicare, most insurance plans, and Medicaid.

Call (917) 717-5135 Don't Suffer Another Day!

Manhattan
1153 1st Ave.
Manhattan, NY 10065

122 Fulton St., Ste 500
New York, NY 10038

4159 Broadway
New York, NY 10033

1264 St. Nicholas 166 St
Washington Heights, NY 10033

Staten Island
1975 Hylan Blvd
Staten Island, NY 10306

Brooklyn
924 Flatbush Ave
Brooklyn, NY 11226

2511 Ocean Ave., Ste 102
Brooklyn, NY 11229

2444 86th St., Ste A
Bensonhurst, NY 11214

2965 Ocean Pkwy, Ste 200
Brooklyn, NY 11235

Queens
116-02 Queens Blvd
Forest Hills, NY 11375

30-33 Steinway St
Astoria, NY 11103

40-04 Farley St
Jackson Heights, NY 11372

59-20 Myrtle Ave.
Queens, NY 11385

NEW
162-03 Jamaica Ste 200
Queens, NY 11432

Bronx
5221 Broadway Ave
Bronx, NY 10463

384 E 149 St., Ste 201
Bronx, NY 10455

NEW
2157 White Plains Rd
Bronx, NY 10462

Long Island
260 Sunrise Hwy,
Valley Stream, NY 11581

Suburban NY/ Rockland County
156 Route 59, Ste B1
Suffern, NY 10901

New Jersey
766 Shrewsbury Ave., Ste 300
Tinton Falls, NJ 07724

81 Route 37 West
Toms River, NJ 08755

USA VEIN CLINICS

www.USAVeinClinics.com

© February 2018 USA Vein Clinics™ All rights reserved

MCGREGOR BRAWL AFTERMATH

Chaotic McGregor brawl casts shadow over UFC

After a series of plot twists befitting a Broadway production, the UFC had hoped to bring clarity to its disorderly lightweight division with Saturday's UFC 223 fight card in Brooklyn, but it will be overshadowed by one man not on it — Conor McGregor.

The Irish fighter gate-crashed a media day on Thursday and caused chaos with his entourage when he attacked a bus ferrying fighters in the venue's loading bay, an assault that led to injuries to some of those aboard the vehicle.

McGregor appeared in court in New York on Friday charged with assault and criminal mischief.

Ever since the 29-year-old McGregor became the first UFC fighter to hold two belts simultaneously, the promotion has struggled to ensure its popular "bad boy" followed by the rules.

Asked at a news conference on Friday whether he could foresee McGregor ever fighting in the UFC again, the organization's president Dana White said he was not sure.

"This thing is so crazy. He is being arraigned right now and dealing with what he has to deal with. We're dealing with this fight," White said.

"Next week I'm going to go home and figure out how this whole thing plays out," he added. "It's a very unique situation that we're in. It's never happened in nearly 20 years of doing this so we'll see."

Emboldened by his money from his Floyd Mayweather fight in 2017, McGregor has become a law unto himself, but his latest misstep has seriously tested the patience of White, who has excused plenty of bad behavior in the past.

However, with the promotion quickly tiring of his antics, the Irishman may find that while he might well be able to win back a belt in the future, winning back fans may prove a lot more difficult. REUTERS

SEE WHAT'S POSSIBLE WHEN HEALTH CARE GETS PERSONAL.

We take the time to understand the needs and concerns of our Medicare and Medicaid health plan members to help them make the right decisions.

villagecaremax.org
1.800.469.6292 (TTY 711)
8 am to 8 pm, 7 days a week

VILLAGECAREMAX

VillageCareMAX Health Advantage Plan (HMO SNP) is an HMO with a Medicare contract and Coordination of Benefits Agreement with New York State. Enrollment in VillageCareMAX depends on contract renewal. This plan is available to anyone who has both Medical Assistance from the State and Medicare. Discrimination is Against the Law. VillageCareMAX is available in the Bronx, Brooklyn, Manhattan and Queens. VillageCareMAX complies with Federal civil rights laws and does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATTENTION: Language assistance services, free of charge, are available to you. Call 1-800-469-6292 (TTY: 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-469-6292 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1-800-469-6292 (TTY: 711).

H2168_MKT17_13 Accepted

President Trump was not inside Trump Tower during this weekend's four-alarm fire. GETTY IMAGES

Victim IDed in Trump Tower blaze

Video on social media showed flames and black smoke billowing from the high-rise.

One man was killed and six firefighters received minor injuries in an apartment fire on the 50th floor of Trump Tower in New York on Saturday, in a blaze that was quickly extinguished, fire officials said.

The victim, Todd Brassner, 67, was found unresponsive and unconscious in his 50th floor apartment and was pronounced dead at an area hospital, police said.

No information about the cause of the fire was available on Sunday.

President Donald Trump, who has an office and a private residence in the midtown Manhattan structure, was not in the building at the time.

"Fire at Trump Tower is out. Very confined (well built building). Firemen (and women) did a great job. THANK YOU!" Trump tweeted.

Fire officials said no member of the Trump family was in the building at the time.

"This was a very difficult fire. As you can imagine, the apartment is quite large, we are 50 stories up. The rest of the building had a considerable amount of smoke," Fire Commissioner Daniel Nigro said on Twitter.

About 200 fire personnel responded to the incident that the department said was a four-alarm fire.

In January, three people were injured in an early-morning fire at the top of Trump Tower. One firefighter was hospitalized while two people received minor injuries that were treated at the scene, the New York Fire Department said.

In addition to the president's 66th-floor penthouse, Trump Tower houses the headquarters of the Trump Organization as well as other residences, offices and stores. REUTERS

200

About 200 fire personnel responded to the incident, which the department said was a four-alarm fire.

Dell recommends Windows 10 Pro.

SMALL BUSINESS

BUY MORE SAVE MORE

GET UP TO

$525 OFF

LAST DAYS TO SAVE. SALE ENDS 4/11.

TOP SELLER

23"

Add the Dell 23 Monitor - P2317H for $199.99 ($60 in savings).

EXTRA $50 OFF

OptiPlex 3050 Tower

Starting price $955.71 | Save $336.71

$619

After coupon* **SAVE50**
As low as: $19/mo[Δ]

7th Gen Intel® Core™ i5 processor, Windows 10 Pro, 8GB memory*, 500GB* hard drive, 3 Years Hardware Service with On-Site Service After Remote Diagnosis*

Order code: S007O3050MTUS

15.6"

EXTRA $50 OFF

Vostro 15 5000

Starting price $1.027.14 | Save $358.14

$669

After coupon* **SAVE50**
As low as: $21/mo[Δ]

7th Gen Intel® Core™ i5 processor, Windows 10 Pro, 8GB memory*, 1TB* hard drive

Order code: CAV155W10P18S024

15.6"

$528 OFF

Latitude 5590

Starting price $1,427.14 | Save $528.14

$899

After coupon* **SAVE100**
As low as: $27/mo[Δ]

8th Gen Intel® Core™ i5 processor, Windows 10 Pro, 4GB memory*, 500GB* hard drive

Order code: S023L559015US

SMALL BUSINESS TECHNOLOGY ADVISORS. OUR US-BASED TEAM CAN HELP YOU CUSTOMIZE THE RIGHT PC AND SERVICE OPTIONS FOR YOUR BUSINESS.

Shop Dell.com/businessdeals or call 877-BUY-DELL

FREE SHIPPING | PRICE MATCH* | EASY FINANCING[Δ]

Windows 10 Pro

Built for business to save time, save money and safeguard your data.

Offers valid 4/9/2018 - 4/11/2018 unless otherwise noted.

[Δ]**Dell Business Credit:** Offered to business customers by WebBank, Member FDIC, who determines qualifications for and terms of credit. Taxes, shipping and other charges are extra and vary. Minimum monthly payments are the greater of $15 or 3% of the new balance shown on the monthly billing statement.

*Offers subject to change, not combinable with all other offers. Taxes, shipping, and other fees apply. Free shipping offer valid only in Continental (except Alaska) U.S. Offer not valid for Resellers. Dell reserves the right to cancel orders arising from pricing or other errors. Coupon Offers Valid through 4/12/18, 8 a.m. ET. SAVE50 coupon valid with select PCs $499+ and SAVE100 coupon valid with select PCs $999+. Valid with select other offers, but not with other coupons. Limit 5 per customer. Excludes: PowerEdge, PowerVault Servers, and select PCs. Price Match Guarantee: If you find a lower-price advertised on the internet for an identical electronic product or a similarly configured Dell, HP, Apple or Lenovo computer, Dell will match that price. Call or Chat online with a Dell Expert and we'll walk you through the process. Learn more at dell.com/sb/pricematch. Hard Drive capacity varies with preloaded material and will be less. System memory may be used to support graphics, depending on system memory size and other factors. Onsite Service after Remote Diagnosis is determination by online/phone technician of cause of issue; may involve customer access to inside of system and multiple or extended sessions. If issue is covered by Limited Hardware Warranty and not resolved remotely, technician and/or part will be dispatched, usually within 1 business day following completion of Remote Diagnosis. Availability varies. See dell.com/servicecontracts/US. Ultrabook, Celeron, Celeron Inside, Core Inside, Intel, Intel Logo, Intel Atom, Intel Atom Inside, Intel Core, Intel Inside, Intel Inside Logo, Intel vPro, Itanium, Itanium Inside, Pentium, Pentium Inside, vPro Inside, Xeon, Xeon Phi, and Xeon Inside are trademarks of Intel Corporation or its subsidiaries in the U.S. and/or other countries. Microsoft and Windows are trademarks of Microsoft Corporation in the U.S. and/or other countries. Screens simulated, subject to change. Windows Store apps sold separately. App availability and experience may vary by market. Dell, EMC, and other trademarks are trademarks of Dell Inc. or its subsidiaries. Copyright 2018 Dell Inc. All rights reserved. 243677

President Trump says 'big price to pay' for Syria chemical attack

Russia, Syria's most powerful ally, called reports of the attack fake.

President Donald Trump said on Sunday there would be a "big price to pay" after medical aid groups reported dozens of people were killed by poison gas in a besieged rebel-held town in Syria.

As international officials worked to try to confirm the chemical attack which happened late on Saturday in the town of Douma, Trump took the rare step of directly criticizing Russian President Vladimir Putin in connection with the incident.

The Syrian state denied government forces had launched any chemical attack.

Trump threatened action, although it was unclear what he had in mind. Last year, he authorized a cruise missile strike on a Syrian airbase days after a sarin gas attack on civilians.

"Many dead, including women and children, in mindless CHEMICAL attack in Syria. Area of atrocity is in lockdown and encircled by Syrian Army, making it completely inaccessible to outside world. President Putin, Russia and Iran are responsible for backing Animal Assad. Big price to pay," Trump wrote on Twitter.

49
People
An analysis of the recent chemical attack in Syria found that 49 people had been killed in the attack.

The Russian Foreign Ministry warned against military action on the basis of "invented and fabricated excuses."

A joint statement by the medical relief organization Syrian American Medical Society (SAMS) and the civil defense service, which operates in rebel-held areas, said 49 people died in the attack.

A European diplomat said Western allies would work on building a dossier based on photos, videos, witness testimony and satellite images of Syrian flights and helicopters.

GET YOUR
LEGS & BODY
READY
for SPRING BREAK

- VARICOSE VEINS
- SPIDER VEINS
- LEG ULCERS
- LEG SWELLING
- BURNING
- ITCHING
- RESTLESSNESS

CALL TODAY!
212.204.6501

Personal & discrete care delivered directly by Ronald Lev, MD

Certified by the American Board of Venous and Lymphatic Medicine
We Accept Most Health Insurances including Medicare
Minimally invasive procedures

Trust the doctor that cares about you!

Smartlipo
GET IN SHAPE WITH JUST 1 SESSION

ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN

111 John St, Ste 1450
New York, NY 10038
369 Lexington Ave, Ste 18A
New York, NY 10016

TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

NYSPI IRB Approved
Columbia University Medical Center

The Memory Disorders Clinic

The FIRST EVER Anti-Viral Clinical Trial for Alzheimer's Disease
This research is funded by the National Institutes of Health (NIH)

Viruses may cause or contribute to the pathology of Alzheimer's disease. This research treatment study at the **MEMORY DISORDERS CLINIC** is the first-ever clinical trial to address this hypothesis.

This study includes:
- Brain imaging
- Clinical assessments
- Anti-viral research treatment with pills
- Eligible participants are ages 55-95

CONTACT US
646-774-8641
40 Haven Avenue
New York, NY 10032

Last year, one factor in Trump's decision to bomb Syria was televised images of the human devastation. ALL PHOTOS GETTY IMAGES

The United Nations Security Council will meet twice on Monday following rival requests by Russia and the United States.

U.N. war crimes investigators had previously documented 33 chemical attacks in Syria, attributing 27 to the Assad government, which has denied using the weapons.

Russia has blocked efforts to hold Syria accountable at the U.N. REUTERS

Officials were working on Sunday to verify details of the Syria chemical attack that reportedly killed at least 49 people.

UN Security Council to meet twice on Monday regarding Syria attack

The United Nations Security Council will meet twice on Monday following rival requests by Russia and the U.S. after a deadly chemical attack in Syria and a warning by President Donald Trump that there would be a "big price to pay."

Russia called for a meeting of the 15-member council on "international threats to peace and security," diplomats said on Sunday.

A minute later, the U.S., France, Britain, Sweden, Poland, the Netherlands, Kuwait, Peru and Ivory Coast called for a meeting to discuss the chemical weapons attack in Syria.

"The Security Council has to come together and demand immediate access for first responders, support an independent investigation into what happened, and hold accountable those responsible for this atrocious act," U.S. Ambassador to the U.N. Nikki Haley said in a statement on Sunday.

Haley warned last month that if the U.N. Security Council fails to act on Syria, Washington "remains prepared to act if we must," just as it did last year when it bombed a Syrian government air base over a deadly chemical weapons attack. REUTERS

Feet Hurt? Bunions? Hammertoes? Heel Pain?

Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight- they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly – sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

Relief For Chronic Heel Pain

Now Featuring genesisplus

New FDA Laser Treatment For Nail Fungus, Scars & Warts

CUTERA

After

Before

New Treatment For Heel Pain, Shockwave, PRP (platelet rich plasma) as seen on the front page of The New York Times

If any of these apply to you... Call today.

Patient is responsible for co-pays & deductibles

most insurance plans accepted complete family foot care laser surgery available

The Most Advanced Techniques Used For Bunions & Hammertoe Correction

Downtown location

65 Broadway Suite 1103
Financial District
NYC, NY 10006
212-486-7333

Midtown location

121 E. 60th St.
New York City, NY
212-486-7333

Paul Drucker DPM
Jordan Drucker DPM

235 East 22nd Street
(between 2nd and 3rd Ave)
t 212-486-7330

184 east 76th st
212-772-3500

$20 Tickets for Only 12 Hours

CARNEGIE HALL
presents

EVOCATIVE MUSIC OF THE MIDDLE EAST

Hear Turkish-born Omar Faruk Tekbilek and guests perform Sufi, folk, and contemporary music of the Middle East and Mediterranean—a trip abroad without leaving New York. Tickets are only $20 when you use promo code **MET27799**.*

Saturday, April 14 at 8:30 PM

Omar Faruk Tekbilek,
Ney, Vocals, Baglama, Zurna, and Percussion
Hasan Isakkut, Kanun and Violin
Itamar Erez, Acoustic Guitar and Piano
River Guerguerian, Drums and Percussion
Murat Tekbilek, Percussion

with Special Guests
Brian Keane, Guitar | **Ara Dinkjian**, Oud

Presented by Carnegie Hall in partnership with Robert Browning Associates LLC.

*This discount is valid **Monday, April 9 from 11 AM to 10:59 PM (ET)**. Limit eight tickets per purchase. Some limitations may apply. Offer is subject to availability and prior sale, is not valid on prior purchases, and cannot be combined with any other discounts or promotions. Valid online, by phone, or at the Box Office. No refunds or exchanges. Internet and phone orders are subject to standard convenience fees.

carnegiehall.org | 212-247-7800
Box Office at 57th and Seventh

Artists, programs, dates, and prices subject to change. © 2018 CHC. Photo by Muper Photo.

Bank of America
Proud Season Sponsor

Why Are So Many Knee Ar
Newest Medical Proced

New York Doc's Merge Best of High Te

Fraction of the cost, less medical risk, little to no downtime and ofte

Hundreds of worst arthritis sufferers from tri-state are

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted one of the doc's at ***NYC Pain MD*** in New York City. "*The same holds true for treating arthritis pain. I believe we are having so much success at* ***NYC Pain MD*** *because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid or at the very least delay knee replacement surgery is doing the correct treatment as soon as possible".*

What is the "correct treatment?"

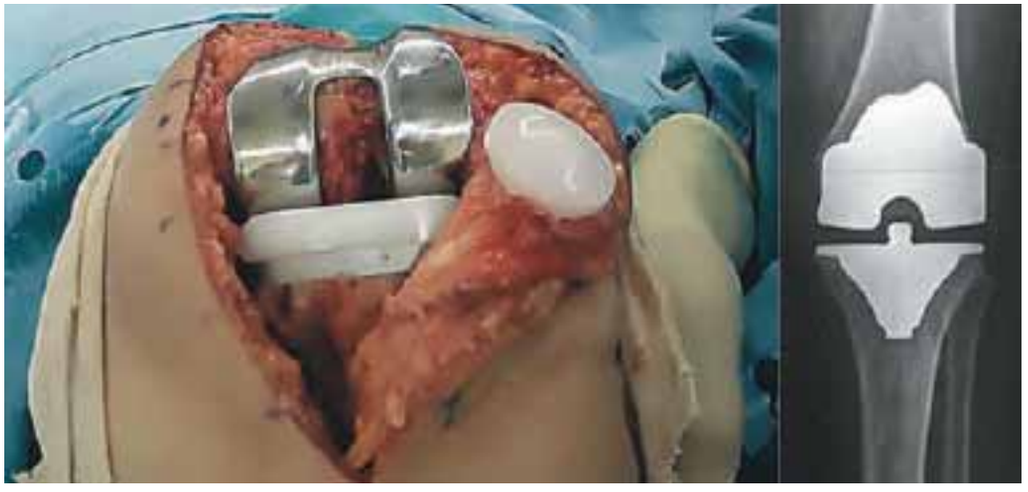
"That depends," noted the doc. *"There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day,"* he added.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby an FDA-approved preparation of Hyaluronic acid - a gel-like medicine is - applied ultra-precisely and virtually painlessly into the knee joint using *Precision Arthritis Targeting Technology.*

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosusupplementation gets the best results and is so important when trying to avoid surgery.

The director of treatment believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at ***NYC Pain MD*** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to.go. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.

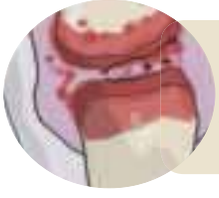


Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife

Normal Pain-Free Knee Joint

Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis

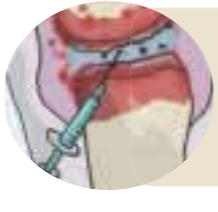
Pain -

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.

Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Join Like "Joint Oil" using Precision Targeting Technology

Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

thritis Sufferers Choosing dures Before Surgery?

ch Medicine And All Natural Treatments

n covered by insurance amongst top reasons for high patient demand... a call weekly to find out if treatment may be right for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because thousands of knee pain sufferers have flocked to the ***NYC Pain MD*** New York City for their brand of treatment.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid techncially) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it can be excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

But...when introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get viscosupplementation from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use ***"Precision Arthritis Targeting Technology".*** *This allows us to place he Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time.".*

Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. *NY Pain MD* used this P.A.T. Imaging Technology with each and every treatment.

"***NYC Pain MD*** is a state of the art medical facility offering the best technology".

And that's not all . . .

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years or more for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added one of the clinic's doctors.

How To Find Out If It Can Help You?

If you have knee pain, the ***NYC Pain MD*** doctors would like to see if you do qualify for a No-Cost, No-obligation screening to see if you may be candidate for their treatments using *Precision Arthritis Targeting Technology.*

Many Insurance Plans Participate*:*
Most Out-Of-Network Insurance Plans
United Healthcare In & Out Of Network (except the Community Plan) Traditional Medicare • AARP Medicare Most Union Plans • Transit Worker Plans
Work Related Injuries/Work Comp/1199/GHI
Auto Accident plans
Out of newtork:
Aetna • Cigna • Empire • Oxford • Ghi • 1199 Blue Cross Blue Shield & others
**EZ payment plans ($99 per month) also available*

All you have to do is call 800-885-KNEE (5633) right now. However, due to extremely high call volume, you may not get a live scheduling coordinator. In that case, do NOT hangup. Just leave a message with your name, phone number and best time for us to reach you. A patient coordinator will get back you as soon as possible to find out if you qualify for the no-cost screening and then find you an appointment time.

And here's something really important -
Viscosupplementation treatments are covered by many insurances, union plans ... even medicare. So, to schedule your no obligation screening or if you have any questions -

Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With *NYC Pain MD? Find Out Today*

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?
- Have you already tried viscosupplemention (Hyalgan, Supartz Synvisc) without satisfactory results?

NYC PAIN MD
"Non Surgical Medical Relief For Spine & Joint Pain"

QUALITY DENTURES
THE SAME DAY
NY's Place for same day dentures for over 40 years.

Smile with Confidence

$100 off* each **NEW** denture!
EXP: 4/15/2018

NEW PATIENT PACKAGE
MAINTENANCE
CLEANING
DIGITAL X-RAYS
With This ad only. One per patient.
First visit only. Coupon expires 4/15/2018
*some restrictions may apply
$89

NEW PATIENTS Only
ONE
DENTURE
RELINE
With This ad only. One per patient.
First visit only. Coupon expires 4/15/2018
*some restrictions may apply
$194

FREE CONSULTATION

DENTURE REPAIRS AND RELINES WHILE-U-WAIT!

MOST INSURANCE PLANS WELCOME
SENIOR Cit. Discounts* on new dentures and crowns
Full Service State of-the Art Cosmetic Dentistry

224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)

HERALD SQUARE DENTAL & THE DENTURE CENTER

Call Now!
212-689-0024
www.denturecenter.com
Cannot be combined with other offers
**not to be combined*

Rumors are circulating that the president is preparing for a possible interrogation from special counsel Robert Mueller. GETTY IMAGES

TRUMP'S AMERICA

PREPPING THE PREZ FOR MUELLER'S PERJURY TRAP

POINT OF VIEW

ELLIS HENICAN

Metro columnist Ellis Henican is the bestselling author of a dozen books including "Trumpitude: The Secret Confessions of Donald's Brain." Join Ellis on Twitter @henican.

Metro columnist Ellis Henican imagines a possible conversation between President Donald Trump and his attorney Ty Cobb as the two men prepare for the president to face a possible interrogation from special counsel Robert Mueller.

Attorney Ty Cobb: Special counsels don't invite people over just for friendly chitchat. Robert Mueller's going to put you under oath.

President Donald Trump: I've been under oath lots of times. I'll just wing it like I did before.

Have you ever heard the expression "perjury trap"? We really need to practice here.

I never lie. I just exaggerate, embellish and blurt out whatever delusional fantasy I happened to hear on "Fox & Friends." In real estate, it's not a lie if you believe it.

Like when you said that Mexicans are drug dealers, criminals and rapists?

Some of them could be.

Like when you insisted you had no idea your lawyer paid that porn star $130,000 in hush money?

Lawyers do that all the time.

Like when you said Scott Pruitt's sweetheart condo deal is "about market rate"? Don't all those sheiks and lobbyists pay you more than $50 to stay in your new Washington hotel?

But Trump rooms come with Trump brand chocolates on the pillow.

Okay, let's get some practice in. What if Mueller asks, "Do you know any Russians?"

I'll tell him I like Russian dressing on my salad. That'll throw him off.

Don't be so sure, Mr. President. What about that time Jared, Don Jr. and Manafort met with all those Russians in Trump Tower?

It's a beautiful 58-story building — 57 since the fire. But I'm not the security guard. I don't see everyone who comes through the lobby, though the marble is drop-dead gorgeous, by the way.

But the meeting with the Russians was in the conference room right next to your office. So why can't you ever criticize Vladimir Putin?

I will criticize him. Putin has less hair than I do. Though, to be fair, everyone can see he wears his wispy combover in a very virile fashion, like a real leader does.

Maybe this isn't a good idea, after all — you raising your right hand and swearing to tell the truth.

If Mueller gets too close, I'll just fire him.

Fibroid Pain?
UFE - Not Hysterectomy

If You Suffer From Any of These FIBROID Symptoms...

- Bleeding Between Periods
- Heavy Bleeding
- Reproductive Dysfunction
- Pelvic Pain
- Protruding Belly
- Bloating
- Frequent Urination
- Constipation

...Then Consider Uterine Fibrod Embolization (UFE)

- **Minimally invasive** & non-surgical
- Short recovery and **no hospitalization**
- **Covered** by Medicaid & most insurance plans

Don't Hesitate, Call Today!

(718) 280-9283

QUEENS
116-02 Queens Blvd E F M R
Forest Hills, NY 11375

30-33 Steinway N Q M R
Astoria, NY 11103

162-03 Jamaica Ste 200
Queens, NY 11432 E J 5 F

LONG ISLAND
260 Sunrise Hwy #102
Valley Stream, NY 11581

MANHATTAN
122 Fulton St A C J 2 3
Manhattan, NY 10038

1264 St. Nicholas Ave A C 1
Washington Hts, NY 10026

BROOKLYN
2444 86th St Ste A D
Brooklyn, NY 11214

924 Flatbush Ave Q B 2 5
Brooklyn, NY 11226

2965 Ocean Pkwy #200 Q B
Brighton Beach, NY 11235

BRONX
5221 Broadway 1
Bronx, NY 10463

384 E 149th St. # 201
Bronx, NY 10455 2 5

2157 White Plains Rd
Bronx, NY 10462 D 2 5

USA FIBROID™ CENTERS
www.USAFibroidCenters.com

Senator says new Facebook scandals may show that the company needs regulating

Facebook CEO Mark Zuckerberg will appear on Capitol Hill on Tuesday.

A Republican U.S. senator warned on Sunday that Facebook Inc may need to be regulated to address concerns about the company's privacy and foreign propaganda scandals, saying they may be "too big" for the social media company to solve alone.

"My biggest worry with all this is that the privacy issue and what I call the propagandist issue are both too big for Facebook to fix, and that's the frightening part," Sen. John Kennedy said on CBS's Face the Nation.

Asked if lawmakers need to seek regulations on Facebook, Kennedy replied: "It may be the case."

Facebook Chief Executive Mark Zuckerberg will appear before the U.S. Senate Commerce and Judiciary committees Tuesday to address questions about how his company handles its users' data.

While some Democrats have suggested laws may be required to police Facebook's data privacy practices or limit foreign interference on its platform, Kennedy's openness is significant because Republicans generally support free-market principles and are loath to regulate U.S. companies.

Kennedy, a member of the Senate Judiciary Committee, said he wanted to ask Zuckerberg on Tuesday if Facebook had the ability to know the identities of the hundreds of thousands of entities that purchase ads on its site.

"Our promised digital utopia has minefields in it."
Sen. John Kennedy

"I don't want to hurt Facebook. I don't want to regulate them half to death," Kennedy said. "But we have a problem. Our promised digital utopia has minefields in it."

Facebook on Friday endorsed legislation known as the Honest Ads Act, which is aimed at countering concerns about foreign nationals using social media to influence American politics.

The legislation would expand existing election law covering television and radio outlets to apply to paid internet and digital advertisements.

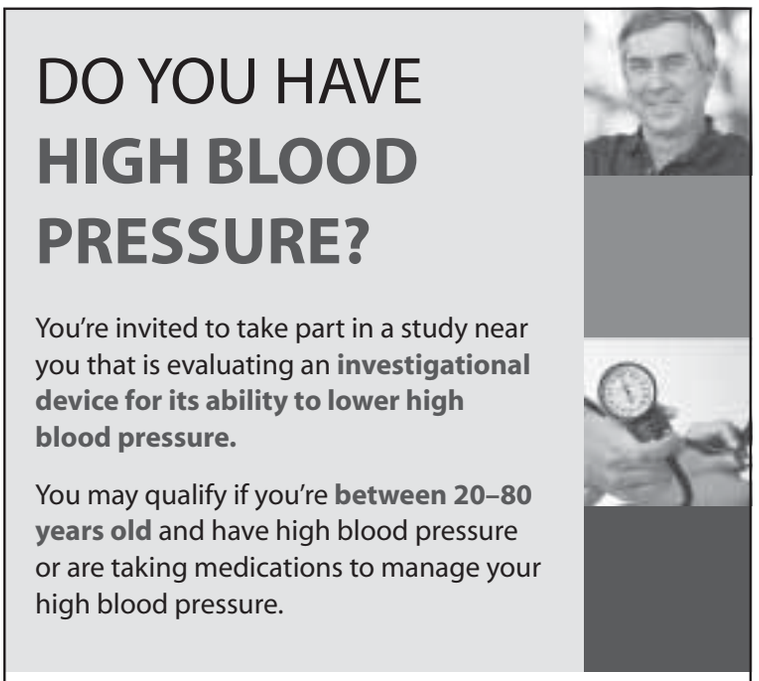
The legislation, introduced last October but not yet passed, is aimed at countering concerns about foreign nationals using social media to influence American politics, which is part of the investigation into possible Russian meddling during the 2016 U.S. presidential campaign. Russia denies involvement.

Under the act, digital platforms with at least 50 million monthly views would need to maintain a public file of all electioneering communications purchased by anyone spending more than $500.

REUTERS

"I don't want to hurt Facebook. I don't want to regulate them half to death," Sen. John Kennedy said. GETTY IMAGES

Listen Up!
A Free Public Forum on Hearing and the Treatment of Hearing Loss
Saturday, April 14, 2018
9:30am – Noon
Alumni Auditorium
650 West 168th Street, Manhattan
• Informational lectures by Columbia faculty
• Hearing aid company representatives
• Free hearing screening
ColumbiaDoctors | Otolaryngology
www.entcolumbia.org/listenup


DO YOU HAVE
HIGH BLOOD PRESSURE?
You're invited to take part in a study near you that is evaluating an investigational device for its ability to lower high blood pressure.
You may qualify if you're between 20–80 years old and have high blood pressure or are taking medications to manage your high blood pressure.
To learn more about this study and to see if you're eligible:
Visit www.highbloodpressuretrials.com
Call 877-526-7980
© 2016 Medtronic. All rights reserved. Medtronic, Medtronic logo and Further, Together are trademarks of Medtronic. All other brands are trademarks of a Medtronic company.
V1.0 30Sep2016
Medtronic
Further, Together

metro Sweepstakes
Enter today, win tomorrow!
Enter for a chance to win a trip for 4 to
Boca Raton, Florida!
A $2,964 VALUE
Sign up at metro.us/winstuff for a chance to win:
• Five (5) nights' accommodations at Waterstone Resort and Marina
• Admission for four (4) to the Museum of Discovery and Science
• Round-trip coach class air transportation for four (4) to Fort Lauderdale, Florida
• A six-day full-size car rental.
VISITFLORIDA
WATERSTONE
Enter today, win tomorrow!
metro.us/winstuff

LIFESTYLE

ALL PHOTOS ISTOCK

The more sex the better...for your health

Dry spells can lead to pain when you jump back into the game.

JOSHUA CROUTHAMEL
Joshua.Crouthamel@metro.us

Women take a break from sex for myriad reasons — they may be without a partner, experiencing menopause or other changes to their bodies, or they're just plain uninterested.

But unfortunately, if you're sexually inactive for a spell, your body may serve up some unpleasant surprises when you get that particular groove back.

Metro spoke with Dr. Barb DePree, MD, OB/GYN at Lakeshore Health Partners in Holland, Michigan, to learn more about the hazards of going from sex-less to sex-yes.

"Let me tell you about a patient I saw last week," said DePree. "She's in a 'nearly sexless' marriage in which she and her husband are intimate about once every six to 12 months, and this has been going on for years. She was diagnosed with fibromyalgia and rheumatoid arthritis, and hurts somewhat every day. Medications affect her sexual desire and ability to orgasm. She became menopausal about five years ago, and as a result of inactivity in the bedroom she now has vaginal atrophy — and intercourse is painful. As you can imagine she has huge obstacles to enjoying sex now, as infrequently as it occurs."

Why do you think women go through sexless phases more often than men?
Women naturally lose desire as they age and transition through menopause. They experience remarkable hormonal changes, which can impact sex, both in terms of comfort and desire. For women, sex is much more cerebral and less a physical response, so when life gets in the way — aging parents, struggling kids, job challenges, financial insecurity, weight gain — sex becomes more and more challenging.

"For women, sex is much more cerebral and less a physical response, so when life gets in the way... sex becomes more and more challenging."

What constitutes a sexless phase?
Any time there is a disruptive discrepancy in sexual activity in a relationship, be it weeks, months or years.

What does a sexless phase do to a woman's health?
That depends — what's led to the sexless phase? Infidelity? Pain during intercourse? Trauma?

Those things considered, more sex makes sex more comfortable. This is especially true for postmenopausal women.

How can women combat a sexless phase?
Try to understand what led there, and address the stress or health condition, and make sex comfortable again with proper treatment of underlying medical conditions. Engage in mindfulness.

Menopausal? Compensate for lowered hormones by taking care of yourself. Vaginal dryness? Use lubricants during intimacy or regularly use a vaginal moisturizer to keep those tissues in shape and responsive. Some over-the-counter products I recommend to patients are Replens Silky Smooth as a lubricant and Replens as an effective vaginal moisturizer. Vaginal dilators can help with elasticity.

Your body goes through natural ebbs and flows, but practice and a few products may keep your body ready once you're feeling it again.

Is this mind over matter?
Usually it's more than that, apparent from that patient I saw last week.

What are your top tips for enjoying sex again after a dry spell?
Communicate, play, introduce novelty into the bedroom by way of a toy. If a woman is menopausal, she needs the same things any woman would need in order to enjoy sex. Mindfully create and reinforce a real connection, and enjoy.

END FOOT PAIN NOW!
CALL (212)385-0801
STATE OF THE ART SURGERY
LASER PROCEDURES • MINIMALLY INVASIVE

FREE CONSULTATION

MIDTOWN 469 7TH AVE, SUITE 601
DOWNTOWN 65 BROADWAY, SUITE 1103
UPTOWN 360 W. 125TH ST, SUITE 7

NEW YORK FOOT EXPERTS
NYBESTPODIATRIST.COM

SAME DAY, EVENING, & SATURDAY APPOINTMENTS

Celebrate National Gin & Tonic Day

What better way to turn a Monday around?

JOSHUA CROUTHAMEL
Joshua.Crouthamel@metro.us

Today is National Gin & Tonic Day, and though we probably have climate change to blame for it not falling on a sunnier, warmer one, at least we now have an excuse for happy hour ASAP.

The cocktail has a medical discovery back in the 1700s to thank for its origin — quinine, which is a bitter, crystalline compound found in tonic water — works as a kinda-sorta effective anti-malarial. When that reveal was made to British soldiers, who were staking down flags in every corner of the world (particularly in a few literally hot malaria spots), worked out that the bitter taste of quinine was overcome with a slug of gin, and the G&T came to be.

Today's tonic water contains far less quinine, and a bit more sugar, but it still is the ideal companion to the liquor derived from juniper berries and enjoyed since the Middle Ages.

So whether you chose to make love to your tonic and gin, a la "Piano Man," sip one with a pal or drown the sorrows of the day with a few fancy takes on the classic cocktail at home, we've got you covered with four spins on the drink whose name maybe does say it all, but can still be improved with a little pomp and circumstance.

Tally ho.

PORTOBELLO ROAD GIN

Tot & Tonic
1.5 oz Perry's Tot Navy Strength Gin
Tonic water
Method: Add Perry's Tot Navy Strength Gin to Collins glass and fill with ice. Top with chilled tonic water. Garnish with a lime wedge and serve with a straw.
Glass: Collins glass
Garnish: Lime wedge
Booze: Made by New York Distilling Co., and clocking in at 57% ABV, sip up some Brooklyn with this refreshing, straight-up G&T. "Navy Strength"? Try Navy SEAL strength after two.

Portobello Road Gin and Tonic
2 oz of Portobello Road Gin
Fill with Fever Tree Mediterranean Tonic Water
Method: Build in glass
Glass: Copa
Garnish: Grapefruit twist, basil leaf, juniper berries and coriander seed from a pepper

THE ROCKEFELLER UNIVERSITY HOSPITAL
CENTER FOR CLINICAL AND TRANSLATIONAL SCIENCE

Does appendicitis run in your family?

Researchers at The Rockefeller University are conducting a study to understand if there are certain genes associated with appendicitis.

You may be eligible if you and a family member(s):

> Had appendicitis and an appendectomy before the age of 19

Participation includes:

> Ability to enroll even if you or your family member don't live in the NYC area
> Blood or saliva samples (can be mailed in)
> Questionnaires

Compensation is provided.

To learn more, contact our Recruitment Office at 1-800-RUCARES or email us at RUCARES@Rockefeller.edu

1.4 million
new yorkers read **metro** every week.
source: nielsen scarborough 2017 r2. integrated newspaper audience.

for the best in local news and entertainment coverage, read **metro** in print and online at **metro.us**

for advertising, contact **212.457.7735** or **advertising@metro.us,** or visit **media.metro.us**

grinder.

Ice: Lots of cubes

Booze: This London Dry Gin lends itself to strong citrus, hence the grapefruit that brings it all together and leaves it standing in a different league from your typical well-G&T-with-a-sad-lime-wedge from your local dive bar.

Four Pillars Gin and Tonic

1.5 oz Four Pillars Rare Dry Gin
3 oz of tonic water
Fresh Orange

Method: Add ice and gin to a short glass, top with tonic water, garnish with citrus.

Garnish: Different gins work best with different garnishes — try fresh orange with Rare Dry, kaffir lime leaf and fresh ginger with Navy Strength Gin, and tangelo with Bloody Shiraz Gin.

Booze: We went Down Under for this classic gin, hence our decision to go for Australasian garnishes.

Hot Gin & Tonic

1 1/2 oz Brooklyn Gin
1/4 oz TomR's Tonic syrup
1/2 oz Salers Aperitif
1/2 oz Amaretto Disaronna
Lemon wedge with clove and cinnamon

Method: Combine Brooklyn Gin, TomR's Tonic syrup in a mug. Stir well and top with boiling water. Garnish with a Lemon wedge, clove and cinnamon.

Glass: Glass mug

Garnish: Lemon wedge, clove and cinnamon

Booze: Your drinking buds may balk at the thought of a hot gin drink, but give it a chance. Especially as Mother Nature isn't serving up a summery spring just yet.

BAR BELLY, NYC

ISTOCK

metro Sweepstakes
Sign up today, and you could win tomorrow!

NYC CRAFT BEER FESTIVAL

APRIL 20TH & 21ST

- New Format in 2018 with the addition of "The Loft"
- "Beer Hall" featuring unlimited beer tasting
- Rare & First Release beer tasting in "The Loft"
- Craft Spirits infused with fresh ingrediants

And much more!

nyccraftbeerfest.com

Metropolitan Pavilion
125 West 18th Street New York, NY

Enter for your chance to win
2 tickets to the NYC Craft Beer Festival!
A $170 value!

Five winners will receive 2 tickets to the session of their choice.

Offer ends 4/17/18

Sign up at metro.us/winstuff

HEALTHY VOLUNTEERS NEEDED

Persons depicted are models being used for illustration purposes only

ELIGIBLE VOLUNTEERS MAY EARN FROM $500 TO $8,000 FOR TIME AND TRAVEL

Join our database and contribute to Medical Research with Biotrial!

Healthy volunteers provide researchers with important information for comparison with people who have specific illnesses. People with no known significant health problems are often given the same tests, procedures, or study drugs as patient volunteers so that researchers can compare results and make new discoveries.

Are you at least 18 years old?

NEED MORE INFO?
Call recruitment at
844-246-8459

NO TIME TO TALK?
Email: recruitment@biotrial.com
or register online at biotrial.us

- Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.
- Our Clinical Unit is only 6 minutes from Newark Penn Station and approximately 30 minutes from NY Penn station.

Biotrial

THE MEMORY DISORDERS CENTER
AT COLUMBIA DEPARTMENT OF PSYCHIATRY

Are you or a loved one worried about having Alzheimer's disease?
RECEIVE A FREE MEMORY EVALUATION & ACCESS TO CURRENT RESEARCH STUDIES

ELIGIBLE PARTICIPANTS ARE AGES 55-95

EVALUATIONS MAY INCLUDE:

- Neuropsychological testing for memory and cognition
- Formal assessment of behavioral changes
- Physical assessments such as blood screens and EKGs
- A second opinion on a diagnosis of Alzheimer's disease
- Counseling and education in available services and studies

MDC

CONTACT US
646-774-8671

1051 RIVERSIDE DRIVE
NEW YORK, NY 10032

Something for every Mean Girl

Tell us which star of the new Broadway musical "Mean Girls" you're most like, and we'll tell you why you'll love the show. T. MICHELLE MURPHY

"Mean Girls" is even more fierce as a musical.
ALL PHOTOS BY JOAN MARCUS

Regina George

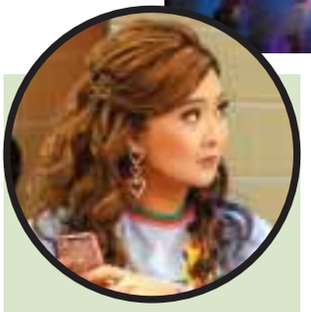
Obsessed with power and image, you're going to see this show right away just to say you saw it first. You might start out negging so that no-one gets the wrong idea that you were actually impressed, harping on a few things that don't make sense — like, why do outcasts Janis and Damien start narrating the show, then fade into the background? Since when is Cady Heron (Erika Henningsen) so boy-crazy that it becomes her one defining characteristic?

However, you're shrewd enough to realize that the show is going to quickly earn a loyal following, between a hit soundtrack and creating such a fun time at the theater, so you have to come around and admit there's plenty to love — from another chance to bring memorable characters to life, to a fast-paced, smart plot that connects the 2004 film to today's themes, essential feminist insights and busting out of the addictive feedback loop of social media.

Cady Heron

You don't care how they pronounce your name, as long as they're saying it. You're not picky about seeing a matinee or evening show, from the orchestra or in the balcony: You're a true neutral who's come open-minded — and, ultimately, you just want to have a good time. And you will.

You're going to want to pump your fist for rousing numbers like "Fearless," "Revenge Party" and "Here," not letting little changes from the source material bother you at all. As the underdogs make questionable choices, or the evil divas have their moment to shine, you're happy to go along for the ride and root for the champion of the moment, making the show a guaranteed good time. In fact, you'll probably be buying another ticket by intermission, excited to come back with friends. (Which friends? Well, that might depend on the day. You're Cady, after all.)



Gretchen Wieners

A perfect Queen Bee copycat who just wants to please, you'll perk up for the parts of the musical that pay homage to the movie. You're here for familiar lines like: "On Wednesdays we wear pink," and "She doesn't even go here!" But you may pout when a beloved moment is cut, or the fact that some of the actors really make the parts their own (like Gretchen, played by Ashley Park, who sang her guts out in "Mamma Mia" and "The King and I"). Here Gretchen gets to delve a bit deeper into her insecurities with the great and relatable "What's Wrong With Me?").

There's plenty to recite right along with the characters, plus the songs are catchy enough that you can already be memorizing them to sing perfectly on the way out the door, like the No. 1 Fan you're determined to prove you can be.

Karen Smith

The perfect plastic, you know that shiny blonde hair and "fetch" shoes are the true status symbols in high school, not grades. You'll judge the sometimes cute, sometimes questionable costumes choices by Gregg Barnes that try to help the 20- and 30-something-year-old cast look like the high schoolers they were when the movie came out.

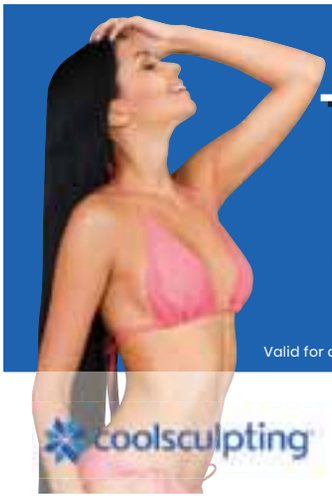
Like Karen (Kate Rockwell, a veteran of playing a teen on Broadway having performed in "Bring It On: The Musical"), you'll definitely enjoy the bright, detailed, even sparkling sets and projections designed by Scott Pask, with enough moving pieces and fresh looks to keep you entertained. even when there's lots of, you know, talking or whatever going on.

Janis Sarkisian

You don't think you belong here, right? Feel-good pop musicals are not exactly "your thing." But deep down, you have your mean girl moments, too.

You'll love the way the film's plot has been flipped on its head to focus more on BFFs Janis (Barrett Wibert Weed) and Damian (Gray Henson), the outcasts whose vendetta against Regina sets Cady on her course. You'll delight in the snarky one-liners with their "30 Rock" vibe, intended for jaded adults to enjoy.

Even the sorority sisters in the next row digging the big dance numbers, where director and choreographer Casey Nicholaw ("Aladdin") has left his signature as clearly as Tina Fey's voice rings out from the smartly adapted book. If a show that demonizes popular girls can sway them, surely you'll find something to like too.



THE *COOLEST* WAY TO LOSE FAT

The CoolSculpting® fat-freezing procedure is the only FDA-cleared,* non-surgical fat-reduction treatment that uses controlled cooling to eliminate stubborn fat that resists all efforts through diet and exercise.

BEFORE AFTER

25% OFF COOLSCULPTING®

Valid for all Doctors excluding Dr. Michael Jones. All procedures must be booked prior to expiration of promotion. Cannot be combined with any other offers. Valid 4/1-4/30.

coolsculpting

try.lexingtonplasticsurgeons.com/april | 113 E. 39th Street (b/w Park and Lexington Ave)

Call for a Free Consultation. 712-587-8237

LEXINGTON PLASTIC SURGEONS

Rangers season, Vigneault New York tenure come to end

The Blueshirts sack their head coach after five seasons.

JOE PANTORNO
joseph.pantorno@metro.us

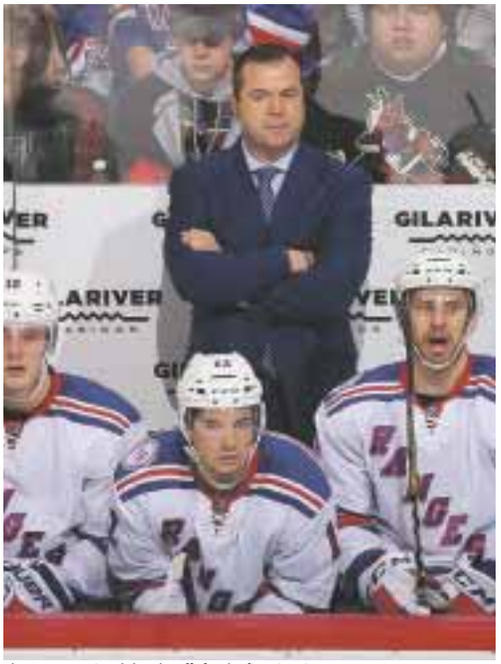
The New York Rangers announced on Saturday night, just hours after their season ended, that they had fired head coach Alain Vigneault after five seasons with the team.

His firing came after the Rangers' 5-0 loss to the Philadelphia Flyers to end a season in which they went 34-39-9 for just 77 points. It is the first time since 2009-10 that the Rangers did not make the postseason.

The 56-year-old led the Rangers to a 226-147-37 record, including four trips to the postseason that yielded an Eastern Conference championship during his first year as head coach in 2013-14. New York would lose in the Stanley Cup Final that year to the Los Angeles Kings in five games.

It was the closest Vigneault and the Rangers would get to winning a title despite recording over 100 points in each of the following three seasons. However, they bowed out in the Eastern Conference Finals in 2015 before early exits in the first and second rounds the next two seasons.

Entering the 2017-18 campaign, the Rangers were expected to make the postseason for an eighth-straight season, a streak that began under Vigneault's predecessor John Tortorella. But it was clear early on that this would be a difficult season after beginning the season 2-6-2 despite a home-heavy schedule.



The Rangers missed the playoffs for the first time in seven years. GETTY IMAGES

They managed to turn things around momentarily by winning 13 of 17 games from Oct. 31 to Dec. 9, putting them right in the thick of a heavily-contested Metropolitan Division. But the end of the 2017 calendar year brought about the beginning of the end for the Rangers season and ultimately, Vigneault's tenure in New York.

Following an overtime win in the NHL Winter Classic on New Year's Day, the Rangers dropped 18 of their next 24 games, dropping them to the bottom of the division and transforming the team into sellers at the league's Feb. 26 trade deadline. They would go on to trade Nick Holden, J.T. Miller, Rick Nash and captain Ryan McDonagh as team president Glen Sather and general manager Jeff Gorton admitted to fans that the team was in a sudden rebuilding mode.

Vigneault and the Rangers lost 12 of their final 19 games of the season after the deadline passed.

With Vigneault now out, New York could possibly look internally to find its new leading man. Assistant Lindy Ruff, who was hired prior to the start of this season, spent the previous 19 as the head coach of the Buffalo Sabres and Dallas Stars. In nearly 1,500 games coached, Ruff has 571-432-78 record, including an Eastern Conference title with the Sabres in 1999.

A few options for Rangers

After a franchise that just saw its streak of seven-straight years of postseason hockey end, the Blueshirts are suddenly rebuilding and now add a new leading man to its list of objectives this offseason. While there will likely be more added to the list as the offseason continues, the Rangers already have a number of candidates to look at who already have NHL head-coaching experience:

Lindy Ruff

Ruff was brought on as a Rangers assistant coach under Vigneault this season, the first time in 20 years that he wasn't a head coach of an NHL franchise. His presence immediately raised suspicion that he would be Vigneault's successor should he not make it through the year and he will likely receive plenty of consideration for the job moving forward.

Michel Therrien

Therrien spent this season working as a scout with the Montreal Canadiens, a team he has coached on two separate occasions since the start of the new millennium. So he's no stranger to working in a pressure-filled environment.

Dan Bylsma. GETTY IMAGES

He had a three-year stint with the Canadiens from 2000-2003, making the playoffs just once before taking over the Pittsburgh Penguins in 2005. He made the Stanley Cup Final in 2008 with Sidney Crosby and Co. but fell to the Detroit Red Wings in six games.

Dan Bylsma

Therrien's replacement in Pittsburgh, Bylsma was never able to recreate the success he had in his first season with the Penguins, though he managed to stay on for six years.

He would make the postseason on each of those occasions but never made it back to the Stanley Cup Final as he was fired after the 2013-14 season.

Jack Capuano

This would be a move that would make Rangers fans' stomachs turn considering Capuano coached the rival New York Islanders for seven seasons spanning from 2010-2017.

And while he had his fair share of critics on Long Island, the 51-year-old was one of the best coaches in franchise history, ranking second in games coached, wins and postseason wins, only behind the legendary Al Arbour. JOE PANTORNO

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

Islanders checklist: Keep Tavares, fire coach, GM

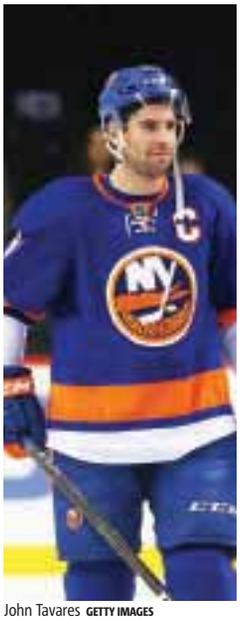
The Islanders have an offseason to-do list that could affect the organization for the next decade.

JOE PANTORNO
joseph.pantorno@metro.us

The New York Islanders disappointing and underachieving 2017-18 season drew to a close on Saturday night against the Detroit Red Wings, mercifully ending a campaign that once saw them in the thick of the playoff hunt just two months ago. Even though they aren't playing hockey into the thick of spring, the Islanders are facing an enormously important three-to-four months that will dictate the direction of the franchise for the foreseeable future.

It all begins with re-signing the face of their franchise to ensure the team could actually be a contender by the time it moves into its new home in Elmont in three years.

Re-sign John Tavares



John Tavares GETTY IMAGES

You could sense the apprehension inside the Barclays Center during the Islanders final home game of the season against the Rangers as fans chanted John Tavares' name. This is the greatest talent the team has had in more than 20 years and he alone has carried a mediocre franchise now for almost a decade.

He already ranks within the franchise's top-10 in goals, assists, points, game-winning goals, power-play goals, hat tricks, and he's just 27 years old. And this is a franchise that boasts some of the greatest to ever play the game like Mike Bossy, Bryan Trottier, Denis Potvin and Clark Gillies.

Fire Garth Snow

The uncertainty surrounding Tavares could have been avoided had general manager Garth Snow showed an inkling of competence at his position. At the league's trade deadline in early February, the Islanders were just two points out of the Eastern Conference's final playoff spot despite possessing the league's worst defense. Instead of being aggressive on the market and trying to find a legitimate answer to bolster the blue line, Snow didn't do anything to shake up the team. His tactics were a clear message that he nor management was committed to winning, leading to the swoon that doomed the Islanders' season.

Fire Doug Weight

Good coaching finds a way to get the most out of a team even if management doesn't do a thing to better the roster.

The Islanders spent the better part of the first five months of the season in the postseason race until their freefall to the bottom of the Metropolitan Division. While plenty of blame is reserved for Snow, a lot needs to go to Weight, who couldn't figure out a way to stop a miserable slide in which the Islanders lost 16 of 19 games from Feb. 19 to Mar. 31.

Trade for a top defenseman

Nick Leddy and Johnny Boychuk simply are not capable of being a team's best defensemen. Leddy had the worst season of his career despite racking up 10 goals and 32 assists. His minus-42 rating was the worst in the NHL this season.

Draft defense

One defenseman isn't going to fix the blue line and the Islanders do have some younger options that could be ready to make the jump to the NHL next year in the likes of Devon Toews and Mitchell Vande Sompel. But the Islanders need to commit to a future where they're not relying on Thomas Hickey, Adam Pelech or Scott Mayfield to carry the defense.

That means using at least one of their lottery picks (they have two this offseason) during the 2018 draft to pick up an elite-level defensive prospect that will add to the team's pool of promising youngsters.

New York State Psychiatric Institute

Research Volunteers are Needed!

- ☑ I have schizophrenia
- ☑ I am 18-60 years old
- ☑ I am currently getting psychiatric treatment
- ☑ I am interested in learning more about an experimental treatment at the New York State Psychiatric Institute

Reimbursement for travel expenses and compensation for time and effort required to do study procedures

For more information about the study, call (646) 774-5340 or studies@nyspi.columbia.edu

Mount Sinai

Have you experienced a life-threatening or traumatic event?

This could be something that happened to you directly, something you witnessed, or something that happened to your close family/friends.

Since the trauma, have you experienced posttraumatic stress disorder (PTSD) symptoms such as:

- Nightmares or flashbacks?
- Feeling jumpy or anxious?
- Being less interested in people or activities?

Icahn School of Medicine is conducting a PET/MR imaging research study to look at inflammation as it relates to stress and PTSD. You may be eligible to participate if you have experienced a trauma that could cause PTSD and are between 30-65 years old.

Participation involves a thorough psychiatric and medical screening and a PET scanning visit. You will be compensated for your time.

Please contact Brittany Cho at (212)-241-7906 or at brittany.cho@mssm.edu.

PI: Zahi Fayad, GCO 15-0893

Do you have Emphysema or COPD?

We need you for our research study. (Ages 18 and older)

Call us today at 646-962-2672

We are currently conducting a new research study to learn more about the COPD.
Day 1: Screening Visit: Physical Examination, Lab test, breathing test, Chest X-ray and EKG
Day 2: Study Visit: Bronchoscopy

You may receive compensation for your time.

IRB#:1204012331 Email: cora@med.cornell.edu

HEALTHY WOMEN NEEDED TO HELP PREVENT HIV

DOCTORS AT ALBERT EINSTEIN COLLEGE OF MEDICINE ARE SEEKING HEALTHY WOMEN AGES 18-49 TO HELP TEST THE SAFETY OF A NEW PRODUCT THAT COULD PREVENT HIV.

PURPOSE OF THE STUDY:
To see if using a vaginal gel containing the drug griffithsin (GRFT) or a vaginal gel without GRFT is safe.

YOUR PART IN THE STUDY:

- 10 visits over 2-3 months
- Blood draws, pelvic exams and biopsies
- Reimbursement
- Subjects must currently be on birth control and cannot be pregnant, breastfeeding, or have HIV

For more information, call or text Becky at 347-835-7842 or email microbicide@einstein.yu.edu

IRB NUMBER: 2016-6638
IRB APPROVAL DATE: 03/03/2017

Montefiore EINSTEIN

Has your thinking slowed down over time?
Do you walk and move more slowly than you used to?
Is your energy level lower than you'd like it to be?

Join a research study at the Columbia University Medical Center. We are looking for participants aged 60 or older to get involved. This study is happening at 168th Street and Broadway in Manhattan. If eligible you could get:

✓ *A free medical evaluation*
✓ *Free treatment with FDA approved and/or experimental medication*

Call us at **646-774-8652**
if you would like to learn more or participate.

CAREER TRAINING

Access Careers, Brooklyn
Training & Job Placement

* Home Health Aide (HHA) $499
* Nurse Aide (CNA) $899
* Patient Care Tech.....$950
* EKG & Phlebotomy $950
* Physical Therapy Aide $899
* Medical Billing & Coding $899
* Medical Assistant.....$2750

Call Now: 866-487-5432
www.AccessCareers.Edu
25 Elm Place, # 201, Brooklyn, NY 11201

* Licensed by NYSED * NO High school/GED Required**
* Onsite State & National Exam. * Easy Weekly Payment Plan
* We Accept Voucher from Workforce, HRA & ACCESS–VR.

ACCESS INSTITUTE
JOBS
We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- Med. Billing & Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Business Analyst/QA
- Media concepts: Audio • Video
- Solar Tech
- SAP

US Vets Call Now

FREE TRAINING IF QUALIFIED
Students Visas @ Low Cost
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

PEST CONTROL SCHOOL & SERVICES
6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES, STRUCTURAL, FOOD PROCESSING & LANDSCAPING
BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS
1(800) 220-5494 or (718) 205-0557
pestcontrolschoolny.com | pestmanagementsciences@yahoo.com
Call or Text #917.653.0319

HHA/CNA Training NYSED
Slow learner? Long time out of school? Job Placement Assistance $14.09/per hr
All benefits included
Call #718.349.8003

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

JOBS

Healthcare

JASA Care is seeking certified Home Health Aides!

We offer:
Health Insurance
Paid Vacation
Differential pay for holidays and weekends

Cases available throughout NYC: Brooklyn, Queens, Bronx, Manhattan
Flexible schedules! 4,6,8,12,24 hour cases

Union 1707 Local 389

jasa

Call us today to apply!
646-343-9300
Ask to speak with Human Resources

JASA Care
247 West 37th Street, 4th Floor
New York, NY 10018
EEO

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

JOBS

General Help Wanted

Starting Salary: $46.30 Per hour

Announcing A
New York City Transit
OPEN COMPETITIVE EXAM FILING

MTA

for
ELEVATOR & ESCALATOR SPECIALIST
Exam No. 8610

FILING PERIOD CLOSES ON FRIDAY, APRIL 20, 2018

SALARY: $46.30 Per Hour for a 40-hour work week.

BENEFITS: This position offers a night and weekend salary differential, paid holidays, paid vacation and sick leave, a comprehensive medical plan, a pension plan, plus a commuter pass for either the Long Island Rail Road or Metro-North Railroad.

JOB DUTIES: Perform expert-level and complex work involving the troubleshooting and repair of electric and hydraulic elevators, escalators and associated electro-mechanical equipment. Utilize schematic diagrams, technical manuals and drawings to perform related work. Work closely with engineers and management to resolve problems of the highest technical difficulty, and drive a motor vehicle.

REQUIREMENTS: Eight years of full-time satisfactory experience at the journey-level (i.e. fully-trained, knowledgeable, proficient and competent mechanic) in the diagnosis, trouble-shooting, inspection, adjustment and repair of electric and hydraulic passenger or freight elevators, escalators, and associated electro-mechanical equipment, or the equivalent. This position requires a Motor Vehicle license that is valid in NY State at the time of appointment.

The Notice of Examination (NOE) and filing package are available at: http://web.mta.info/nyct/hr/appexam.htm and in person, Monday through Friday, (except holidays) from 9:00 a.m. – 3:00 p.m. at the MTA NYC Transit Examinations Information Center, 180 Livingston Street (Lobby), in downtown Brooklyn.

Directions by train: A C G Hoyt-Schermerhorn Sts or A C F R Jay St-Metro Tech

Scan QR Code for MTA NYC Transit Exam Schedule

MTA and its constituent agencies are Equal Opportunity Employers.

HOME HELPER WANTED
HHA FOR GREATER PAY!
Without HHA? You can still help elderly friends & family members for great pay!
646-799-6062
646-660-0530 | 646-832-7647
or visit us at: 110 West 34th St. Suite 1207 Manhattan, M-F, 10-5

Education

HIGH SCHOOL DIPLOMA
If you're 18 or older you can complete your high school education at home right now in as few as 2 months
212-967-7010
469 7th Ave, 7th Floor
(Btwn 35th & 36th Street)
Liberty High School Vt.

LEGAL NOTICES

NOTICE OF FORMATION of Sapience Consumer Insights, LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 03/22/2017. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 215 West 92nd Street, Apt. 6A, New York, NY 10025. Purpose: Any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Number TBA, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 30-30 47th Ave., Long Island City, NY 11101. Queens County, for on premises consumption. NN Pizza Corp.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Restaurant Wine has been applied for by the undersigned to sell Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 184 3rd Ave., New York, NY 10003. New York County, for on premises consumption. Blask Group LLC d/b/a Gramercy Kitchen.

ITEMS WANTED

Absolute Yes! SAME DAY
!CASH PAID!
$45 AcuChek 100/Smartview100
888-415-0796 instant!
for Diabetic Test Strips
224 w 116 st, M-F, 2-4 p
or mail in B,C,2,3 trains

REAL ESTATE

Rooms for Rent

All Manhattan/Bronx

Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just $150/wk.
Call Us Now:(212)368-2685

Manhattan & Bronx Rooms

Private rooms in apt. Fully equipped. Start 150 wifi/cable included.
Move same day! • (212) 862-0030

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up room rentals
Studios $900/up
212-210-0921

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

MISCELLANEOUS

History of Successful Ladies and Nature

This book is sold to help the homeless. And part of the proceeds will be donated to a local homeless organization. Within it's pages you will read about the importance of women, the species of the world, nature in general, and much more. It's a wonderful book that can be enjoyed by every member of the family.

Please buy this book to help the homeless. This is a very worthy cause.

Only eBooks available.

Book title, History of successful ladies and nature

Author, J. Martin

PSYCHICS

POWERFUL AFRICAN SPIRITUAL READER

Highly gifted & powerful spiritual healer
Immediate Results
All matter of life issues, personal growth guidance & clarity in finance. Specializing in love, career, black magic, removing evil spirits, voodoo, jaadoo, bring back loved ones, protection guaranteed. Quick Results. 100% Guaranteed.

One Call, One Visit Will Change Your Life
CALL MR TASLIMY AND GET HELP
917-385-9382
www.taslimyadvisor.com

PROFESSOR SALAAM

6th Generation of African Medium

I CAN HELP YOU OUT OF DESPAIR – 7 DAY RESULTS

LOVE SPECIALIST • REUNITE LOVERS, EVEN HOPELESS CASES
BUSINESS SUCCESS • RELEASE FROM SPELL
CLEAR NEGATIVITY • STRONG VOODOO • BLACK MAGIC
COURT ISSUES • FAMILY PROBLEMS • DRUGS
CAREERS • EXAMS • GAMBLING • LUCK
PROTECTION • IMPOTENCY/INFERTILITY & MORE.

Call 917-595-9916
www.psychicsalam.com
Manhattan & Brooklyn

MOST POWERFUL AFRICAN PSYCHIC

Mr. KALLO
LOVE GURU

39 Years Experienced **LOVE EXPERT**

I BRING BACK LOVED ONES
ONE VISIT & YOU WILL SEE RESULTS.
I NEVER LOOSE ANY CASE

I can Help you in Problems: Marriage, Court case, Business, Depression, Bond Families, Stop Divorce, Stress Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy

NO MORE PAIN, NO MORE DISSAPPOINTMENT,
MEET LOVE MASTER TODAY & GET SOLUTIONS

347-271-3493, 917-946-4662

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

PSYCHICS

INDIAN ASTROLOGER & PSYCHIC READER

MOST POWERFUL PANDIT : VIKRAM RAJ

ONE CALL, ONE VISIT WILL CHANGE YOUR LIFE

SPECIALIZED IN : BRINGING LOVED ONES BACK, EVEN HOPELESS CASE

Expert in Removing BLACK MAGIC, Bad Luck, Voodoo, Obeah, Witchcraft, & Evil Spirits

100% GUARANTEED RESULTS

VIKRAM RAJ IS AN EXPERT IN REMOVING PROBLEMS LIKE

* BUSINESS * STOP DIVORCE * CHILDREN MISTAKES
* BAD LUCK * WORK PROBLEM * COURT CASES
* BLACK MAGIC * FINANCIAL PROBLEM * CHILDLESS COUPLES
* REUNITE LOVERS * HUSBAND & WIFE PRO. * SEXUAL PROBLEMS

CALL FOR APPOINTMENT PRIVATE & CONFIDENTIAL

347-279-7360
104-14, 118st, S. Richmond Hill, NY - 11419
(Private House)

SPIRITUAL HEALER & CLAIRVOYANT
40 Years Exp.
PROF. SHEIKH

I NEVER LOSE ANY MATTERS!

Specialize in bringing loved ones back, solves all problems, stop infidelity in relationship, business, career, jobs, exams, money, fix domestic issue case, clear negativity, remove bad luck, witch craft, black magic, stop enemy & offer protection and very rapid results!

CALL ONCE! You will not be disappointed.
RESULTS IN 24 HOURS!
100% GUARANTEED
917.922.2294 • WWW.PSYCHICBETHIO.COM

Healer and Clairvoyant

From a well known spiritual family who combined the power of spirituality, healing and love. Guarantee to bring your partners, love ones within 72hrs., clear bad luck and obia in just one cleansing, break unwanted relationship, court cases, protection etc.

Even the worst case scenario, just call Mr. Suwa on
347-792-9714
Located at Ralph and Fulton, Brooklyn.

ENTERTAINMENT

PSYCHICS

SRI SHIVA DURGA ASTROLOGER & PSYCHIC
Pandith: SHIVRAM
HE CAN HANDLE OVERPOWER IMPOSSIBLE PROBLEMS
EXPERT IN PALM READING, HOROSCOPE & NUMEROLOGY
SPECIALIST IN BRINGING BACK LOVED ONES
VEDIC PERMANENT SOLUTIONS & ADVIC

* BLACK MAGIC * LOTTERY
* HEALTH * JOB
* LOVE * MONEY
* MARRIAGE * EDUCATION
* FAMILY * COURT
* REUNITE LOVERS' SEXUAL

No Life without problems, No problems without solutions
MEET HIM & SEE THE DIFFERENCE
If you have Problems, I have Solutions
FREE READINGS: SATURDAY
Give Life Long Protection is my speciality
ALL RELIGIONS WELCOMED. 100% Satisfaction

929-525-7465
1311 FULLTON STREEN & NOSTRAND SUBWAY, BROOKLYN NY, (NEXT TO DUNKIN DONUTS)

Mr. SAIDOU

International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.

Call 516-206-8543 and 646-339-9948
www.spiritualsaidou.com
132nd Street, 7th Ave., Manhattan, NY

SHEIKH MANSOUR

INTERNATIONAL SPIRITUAL HEALER WITH BORN GIFTED POWER AND EXPERIENCE

Super natural gifted man who helps both internal & external matters in marriage, love, court, business, luck, gambling, protection, returning love one back.

EXPERT IN ALL OCCULTIST HUMAN PROBLEMS.
ONLY ONE VISIT WILL LEAD YOU TO THE RIGHT PATH!
CALL NOW FOR JOY!
RESULTS IN A FEW DAYS
Call 347-261-0226

ENTERTAINMENT

GAMES

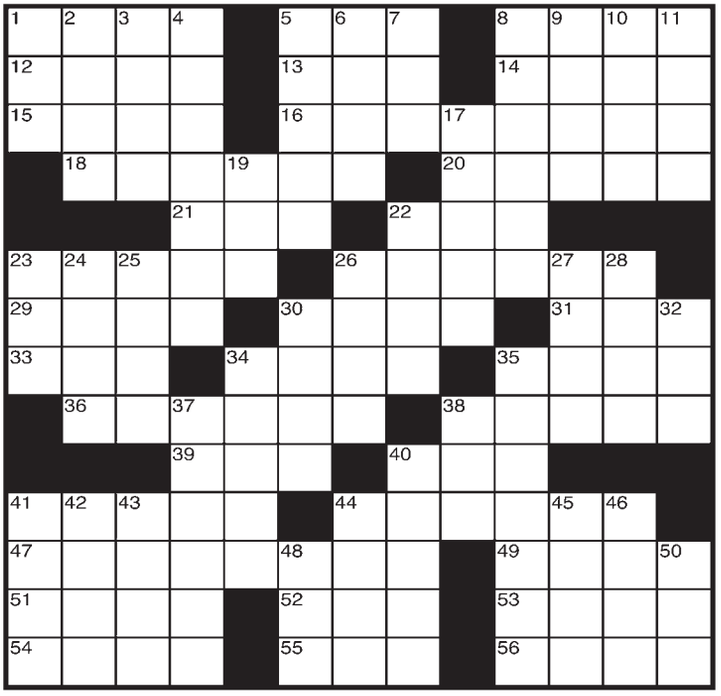
metro.us/crossword

ACROSS

1 100 centavos
5 Drake's title
8 Nowhere near
12 Civil rights org.
13 Dazzle
14 Bouquet holder
15 Huh?
16 Pike descriptor
18 Barn fledglings
20 Regions
21 Big flap
22 Boise hrs.
23 Turns the soil
26 Holmes sidekick
29 CD- --
30 Atlantic catches
31 Martini base
33 Dog days, in Dijon
34 "Cool Hand --"
35 Carson's successor
36 Skulks
38 Joyous outburst
39 Mimic
40 Whir
41 Tight-knit team
44 Cream cheese partners
47 Stealthy ones
49 Lack
51 Zhivago's beloved
52 Consume
53 Purple potato
54 Charon's river
55 Drain unclogger
56 Went fast

DOWN

1 Rabbit's foot
2 Cave sound effect
3 Burger side
4 Stagecoach robbers
5 Dealt with (2 wds.)
6 -- -- framed!
7 Aunt or bro.
8 Prevents
9 Dunaway of films
10 Riding the waves
11 Fire-engine and ruby
17 Survives
19 MS polishers
22 Fashioned
23 Opposite of post-
24 Oodles
25 Portent
26 Stir-fry pans
27 Kind of molding
28 1492 vessel
30 Salad veggie
32 Persona -- grata
34 Carnation station
35 Bewails
37 Canal blocker?
38 Nose type
40 Waste maker
41 Some NCOs
42 Trapped like -- --
43 Boat with oars
44 Laugh loudly
45 Frog step
46 Bone-dry
48 Sushi fish
50 Pentagon grp.



metro.us/sudoku

easy

5		6			9			7
	4					6		
1					6		8	
3	9		1				5	
6			5		3			9
	1				8		7	3
	7		4					8
		3					9	
8			6			1		2

hard

		5			3	7		6
7			5			3	9	
3			7	9	6			
		9		7			5	
				1				
	4			6		8		
			8	5	1			3
	7	3			2			1
1		8	6			4		

metro.us/horoscopes

Aries Add extra detail to whatever job you are working on to receive recognition you deserve. Don't let anyone pressure you into putting their responsibilities before yours.

Taurus Discuss the way you feel. Whether dealing with a business or personal partner, getting your thoughts out in the open will result in a positive change.

Gemini Look at all sides of an issue before you offer your services. It's best not to let your social and business dealings coincide. Make personal changes in secret.

Cancer Make a point to explain your whereabouts, plans or intentions to anyone who will be affected by what you do. Respect partnerships and honor your promises.

Leo You may feel like you need to take a trip or do business in person, but you'll probably save money and accomplish just as much if you use technology for the purpose.

Virgo You'll face a roadblock when it comes to handling financial affairs or other people's problems. Remain calm, listen to what's being said and make choices based on reason.

Libra Communication will lead to disagreements. You are best off keeping your true feelings to yourself if someone is angry. Consider the best way to handle unreasonable demands.

Scorpio Dealing with youngsters, relatives or someone from your past will be emotionally difficult if you are secretive about your feelings.

Sagittarius Someone you work or live with will frustrate you. Don't let anger set in when positive encouragement is what's required. Patience, and love will bring the best results.

Capricorn Taking care of someone else's affairs can be daunting, but you will end up benefiting if you do. Step up and do your part to help a friend or relative.

Aquarius Look over financial papers, medical records or work matters carefully. You stand to benefit if you make a couple of changes to the way you handle such affairs.

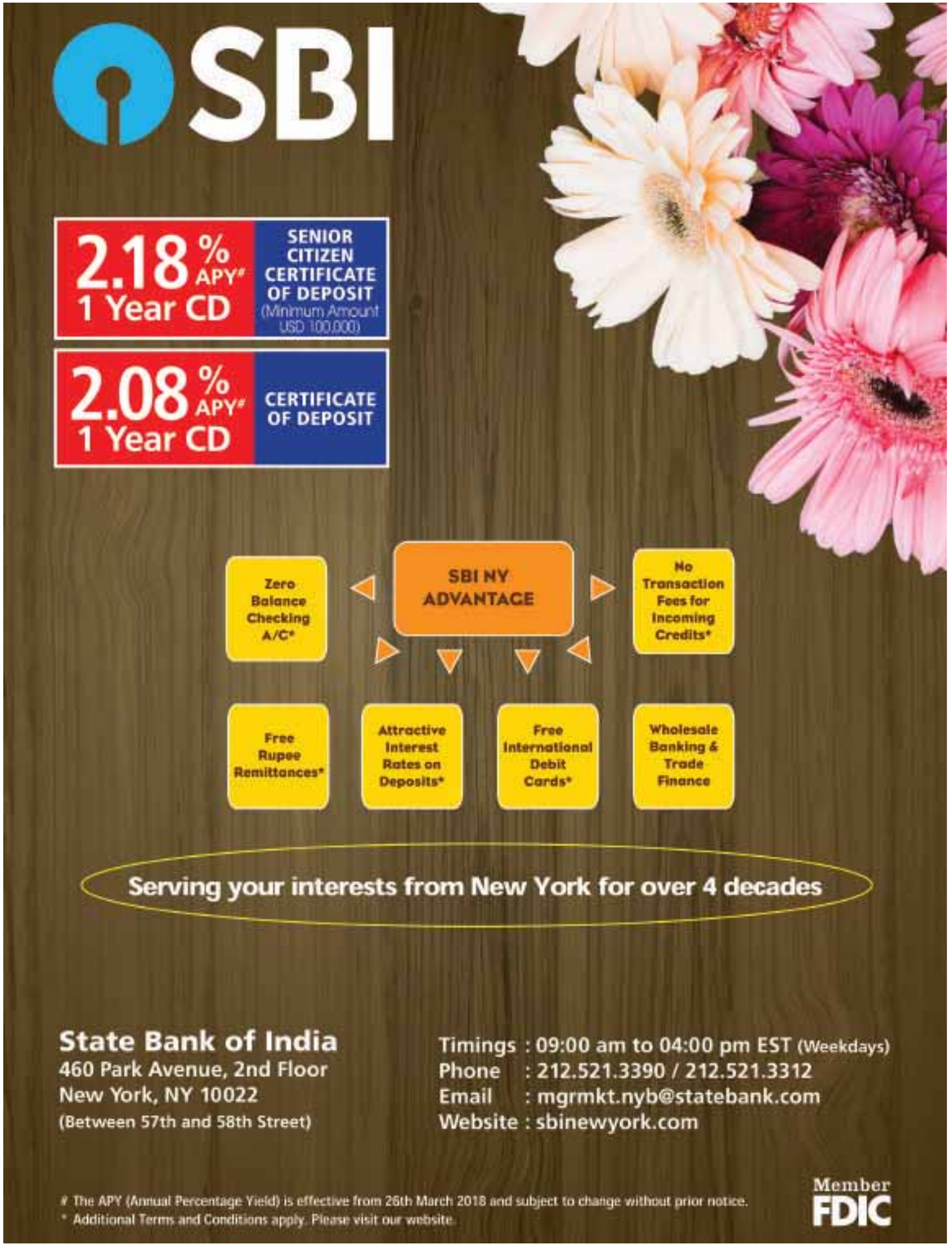
Pisces Your kindness and consideration will be taken advantage of by someone who recognizes your value and lack of confidence. Market your skills on your own. EUGENIA LAST

Yesterday's answers

B	O	W	S			A	D	A		O	A	R		
E	L	A	T	E		M	A	E		H	B	O		
D	E	T	E	R		I	S	T	H	M	U	S		
			P	O	S	E		N	A	S	T	Y		
	B	A	S	I	E		B	A	G					
B	U	N		C	A	M	E		A	D	D	S		
O	R	G		A	S	A	N		R	I	O	T		
T	R	E	K		I	G	E	T		V	I	M		
H	O	L	Y		C	I	A	O		A	N	T		
			O	R	K		T	Y	I	N	G			
Y	O	U	T	H		S	H	I	N					
A	R	R	O	Y	O	S		N	A	V	E	S		
P	E	N		M	R	T		G	N	A	S	H		
S	O	S		E	O	S			E	T	C	H		

Can't wait until tomorrow to check your answers? Visit **metro.us**

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **Press releases** pressrelease@metro.us • **sales fax** 212-952-1505 • **Chief Revenue Officer** Ed Abrams, Ed.Abrams@metro.us • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Site Director** Linnea Zielinski, linnea.zielinski@metro.us • **Night Editor** Jason Nuckolls, jason.nuckolls@metro.us • **Art Director** Luis Matos, Luis.Matos@metro.us • **Sports Editor** Matt Burke, matthew.burke@metro.us • **Features Editor** Joshua Crouthamel, Joshua.Crouthamel@metro.us • **Entertainment/TV Editor** Matthew Juul, matthew.juul@metro.us • **Going Out Editor** Eva Kis, eva.kis@metro.us • **Head of Production** Matt Prowell, matt.prowell@metro.us


SBI
2.18 % APY#
1 Year CD
SENIOR CITIZEN CERTIFICATE OF DEPOSIT
(Minimum Amount USD 100,000)
2.08 % APY#
1 Year CD
CERTIFICATE OF DEPOSIT
SBI NY ADVANTAGE
Zero Balance Checking A/C*
No Transaction Fees for Incoming Credits*
Free Rupee Remittances*
Attractive Interest Rates on Deposits*
Free International Debit Cards*
Wholesale Banking & Trade Finance
Serving your interests from New York for over 4 decades
State Bank of India
460 Park Avenue, 2nd Floor
New York, NY 10022
(Between 57th and 58th Street)
Timings : 09:00 am to 04:00 pm EST (Weekdays)
Phone : 212.521.3390 / 212.521.3312
Email : mgrmkt.nyb@statebank.com
Website : sbinewyork.com
The APY (Annual Percentage Yield) is effective from 26th March 2018 and subject to change without prior notice.
* Additional Terms and Conditions apply. Please visit our website.
Member FDIC